

Dundas Blues Major Pee Wee 'A'

Team Philosophy: A winning season is an outstanding, positive hockey experience that develops young hockey players who play with heart, for their team and the love of the game.

Our Objectives: Everyone to have fun!

- For players to love coming to the rink, being with their teammates, working hard and getting better
- For parents to be positively engaged and to love watching their son and his teammates play

Our Motto: Attitude Commitment Effort

Working together as a community of parents, players and coaches, we will provide a “WOW” experience for these young men that will make them better hockey players, teach them the importance of team and provide valuable life skills.

Our Guiding Principles:

- Development - prepare players for the next level by improving skill, game knowledge and fitness
- Team - create a “team first” attitude and give every player the opportunity to feel part of the team
- Character - promote core values of respect, confidence, hard work, sportsmanship and selflessness
- Accountable - every player, coach and parent is accountable for their actions and behaviour
- Players earn their ice with a positive attitude, a commitment to team and showing maximum effort

Our Team

A hard working team that plays with grit. We take pride in winning every battle. We are relentless on the back check and terrifying on the fore check. We celebrate great defensive plays and unselfish offensive plays. We never quit.

Coaches' Commitment

- We will always be prepared for practices, games and team events
- We will teach the skills and the game of hockey to the best of our abilities
- We will continuously improve as coaches
- We will provide open communication and transparency with all aspects of the team
- We will deliver a positive hockey and team experience
- We will ensure players feel valued and want to be part of the team
- We will be role models both on and off the ice
- We will prioritize safety

Team Rules - We will create an environment that supports the values of our team.

- We always treat parents, players, coaches, officials, opponents and fans with respect
- We do not showboat, mock opponents, slam sticks or blame officials
- We never blame our teammates
- We follow the team dress code: Only Dundas Blues team apparel for all team events and activities.
 - Games: Track suit , mock shirt with logo, hat/toque
 - Training: Team t-shirt, track suit
- We do not use personal electronics in the change room
- We do not swear or use derogatory language when representing Dundas
- We understand there is zero tolerance of verbal, physical or social bullying
- We arrive at the rink prepared to work hard, with working equipment, the correct jerseys and always with a water bottle. We do not create distractions by being unprepared.
 - Arrive 45 minutes before game time
 - Ready 15 minutes before practice and prepared for pre-practice overview
 - Players are asked to be respectful and listen when coaches are speaking
- After each practice and game we will leave a clean dressing room. All tape, drink containers, wrappers will be put into a garbage container
- We will notify our coaches by phone, text or e-mail if we will miss a practice or game
- We will adhere to OMHA Player Code of Conduct

Players are expected to follow the team's rule. Depending on the situation or frequency, and in accordance with DMHA policy, players may be disciplined by sitting out shifts, games or in very serious cases, removal from the team.

Expectations of Parents

In joining our team, parents agree to support our team philosophy, rules and objectives. Collectively, we are here for the players and to make it the best experience possible. While remembering this is a game, it is representative hockey that requires a significant commitment. Players are expected to attend all games, practices and team events. Habitual absences will be addressed.

- No parents in the change room
- All families are needed to volunteer and play a supporting role with the team
- Open communication is preferred in person or on the phone to avoid misinterpretation
- Disagreements should be discussed privately (Please engage the Parent Rep as needed)
- Adhere and **sign** Hockey Canada Fair Code Play

Team Play

We protect “the house” and clear our zone quickly. We play from the back with the defense moving the puck laterally, delivering quick up’s and pushing forward. We move quickly through the neutral zone by taking it wide and attack with one wide, one high and one to the net. We are effective cycling the puck and we always look to the D. We play as a five man unit with players rotating positions as the play develops.

Games

We believe in fair ice that is earned through effort, a commitment to team play and a great attitude. Every player will have the opportunity to play on the penalty kill and power play throughout the season. Situational coaching decisions may be implemented in close games, play offs and tournaments.

*A poor attitude, lazy penalties and undisciplined play **will not** be rewarded with ice time.*

Practices

Our practices maximize ice, are high energy and keep players in constant motion. Our priority is skill development so in games players can be creative, execute with speed and make quick decisions.

We will build a foundation of strong individual skills and tactics then introduce team tactics appropriate for our skill level. This is best learned with competitive practices, skill stations and small area games. A strong work ethic and accountability from all players is expected while we keep practices interesting and fun.

Team Commitment

Our 2017/2018 season will be challenging playing from multiple arenas. We will be creative in finding time and ice to develop our players and team. Our goal is:

- 2 practices per week (DMHA, private, shared ice with Minor Pee Wee team)
- 1-2 games per week (as scheduled)
- 1 off-ice training/meeting/team activity every two weeks
- Tournaments

Off-season

We will schedule fitness and active social events. It is expected players will attend.

- Fitness test w/o June 5th. Baseline for player’s improvement over off-season
- Weekly training session with Leslie and Darren - OMHA 30/30
- Scheduled events such as ball hockey, sports day, soccer, rugby, etc.
- Players to participate in 5000 Puck Challenge – team challenge has begun!

Communication

- TEAM SNAP will be our communication tool for parents and players
- Engage, Engage and Engage!
- Players will be asked to join TEAM SNAP
- Comprehensive contact details are important. Parents are encouraged to car pool and share driving to multiple arenas.

Budget

Dundas PeeWee Budget 2017/2018				
REVENUE				Per Player
Rep Fees	\$8,925			\$525
Team Fees	\$8,500			\$500
Fundraising (for extra training)	\$5,100			\$300
Fundraising (for player equipment)	\$3,400			\$200
Sponsors (for extra expenses)	\$5,100			\$300
AP Fees	\$500			
TOTAL REVENUE			\$31,525	
EXPENSES				
DMHA Expenses (Ice and Jerseys)		\$8,925		\$525
Basic Team Expenses				
Coach Jackets (3) @ \$120	\$360			
Practice Jerseys (18) @ \$25	\$450			
Caps (23) @ \$25	\$575			
Mock Neck Shirt (18) @ \$35	\$630			
Tournaments (3)	\$3,415			
Bench Supplies	\$300			
Team Events	\$1,000			
Team Pictures	\$200			
Sponsor Gifts	\$160			
Transportation	\$400			
Concession Base Line	\$650			
Apps\Team	\$60			
Bank Fees	\$100			
Charitable	\$200			
Total Basic Expenses		\$8,500		\$500
Extra Training Expenses				
Extra Ice (10)	\$1,640			
Performance Skating (10)	\$2,140			
Exhibition Games (4)	\$320			
Shed (10)	\$1,000			
Total Extra Training Expenses		\$5,100		\$300
Player Equipment Expenses				
Helmets (17) @\$71	\$1,200			
Gloves (17) @ \$62	\$1,050			
Pants (17) @69	\$1,150			
Total Player Equipment Expenses		\$3,400		\$200
Extra Expenses				
Transportation	\$600			
Video	\$300			
Team Events	\$1,500			
Goalie Development	\$500			
Additional Ice (10)	\$2,200			
Total Extra Expenses		\$5,100		\$300
TOTAL EXPENSES			\$31,025	
NET			\$500	

Important Dates

- May 20th - Players Offers of Commitment letters due to DMHA
- May 20th - Roster with Head Coach, Trainer and Parent Rep to DMHA
- June 3rd - McGregor Meat order due
- June 12th - McGregor Meat pick-up 7:30 Harry Howell Arena
- Sept 1st - Rep Fees due to DMHA
- Sept 1st - Sanctioned on-ice from DMHA

To be scheduled

Fitness Test w/o June 5th. – It'll be fun! Promise!

Team summer events – First up, rafting the Grand River! (Pay As You Go)

Team fitting

Team Meeting – pre-Labour Day

Tournaments

Option One

Essex - Sept 15-17
Caledonia - Oct 12-15
Lincoln - Nov 17-19

Option Two

Garden City - Sept 15-17
Caledonia - Oct 12-15
One of: *Ottawa Nov 3-5, Kingston Nov 3 – 5, Fort Erie Dec 1-3,
Pittsburgh (Nov 3-5 or Nov 24-26), Niagara Falls, NY, Nov 24-26
Rochester, NY, Nov 24-26*

For Consideration

Player's Code of Conduct

- Play for fun.
- Work hard to improve your skills.
- Be a team player – get along with your teammates.
- Learn teamwork, sportsmanship and discipline.
- Be on time.
- Learn the rules and play by them. Always be a good sport.
- Respect your coach, your teammates, your parents, opponents and officials.
- Never argue with an official's decision.

Youth Sport Today – John O’Sullivan, Changing the Game Project

- The single greatest effect on performance is an athlete’s state of mind
- Youth sports used to be about children competing against other children; now it is often adults competing against other adults through their children
- Children play sports because it is fun; winning comes in way down the list
- Children quit sports when they don’t get to play, and when winning becomes more important than enjoyment
- 90% of children would rather play on a losing team than sit the bench on a winning team
- Competition is important, but being competitive comes from putting the needs and priorities of our children first
- We can all start changing youth sports for the better by learning five simple words “I love watching you play”.

Questions:

1. One measurable goal for your son this season?
2. One measurable goal for our team?
3. What do you want your son’s experience to be like if he can’t accomplish any of his or team goals?
4. What do you want your experience to be like?
5. What can you do to help create the experience for your son, his teammates and other parents?